Starting at Seaford Oval, this walk follows a section of the 'Harbour to Hawkesbury' track along Middle Harbour Creek. The walk has many highlights, including great views of Bantry Bay, the Historic Magazine Buildings and the Natural Bridge. This walk is blessed with great bushland and views of Middle Harbour. Stop and relax, or wet your toes, at Flat Rock beach before the last section to Davidson Picnic Area.

Garigal National Park

More info

Side trips and Alternate routes mentioned in these notes are not included in the tracks overall rating, distance or time estimate. The notes only describe the side trips and Alternate routes in one direction. Allow extra time for resting and exploring areas of interest. Please ensure you and your group are well prepared and equipped for all possible hazards and delays. The authors, staff and owners of wildwalks take care in preparing these notes but will not accept responsibility for any inconvenience, loss or injury sustained by using these notes or maps. Please take care and share your experience through the website. Please check park closures, weather information and Fire Danger Rating just before leaving for your walk. Walk maybe closed during Total Fire Ban.

GPS for start of this walk: -33.782,151.2372 & for the end: -33.7682,151.2032

Length: 10 km  
Time: 4 hrs  
Climb: 491 m  
Style: One way  
Rating: Track: Hard  
Where: 2.3 km N of Seaford  
Transport: bus car  
Visit [www.wildwalks.com](http://www.wildwalks.com) for more info

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**Seaford Oval**

Seaforth Oval is a large playing oval on the Wakehurst Parkway in North Balgowlah. It is managed by Manly Council, who have also recently been upgrading the Timber Getters Track in association with NPWS. There is a distant view of Chatswood from the oval. There are toilets, but they are usually locked. There is a large car park, shelter and sign with information about the Harbour to Hawkesbury walk. More info

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**Seaford Oval to Int of the Timbergetters and Engraving Tracks** 0km 1 mins

(From S) From the corner of the car park with the information signs, the walk heads into the bush and down the wooden steps to the bottom, where it flattens out at the signposted intersection with the Engraving Track.

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**Int of the Timber Getters and Engraving Tracks to Int of the Timbergetters and Old Bullock Track** 0.3km 5 mins

(From 0.05 km) Veer left: From the intersection, this walk follows the 'Timbergetters Track' sign down the wooden steps and through the bush, winding steadily down a long hill as it drops down several more sets of steps, following the bush track to the signposted intersection with the Old Bullock Track (closed for maintenance at time of writing).

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**Int of the Timber Getters and Old Bullock Track to Bantry Bay Picnic Area** 0.5km 15 mins

(From 0.38 km) Continue straight: From the intersection (with the signposted 'Old Bullock Track' on the right), this walk heads west down the three wooden steps and along the track, winding through the dense scrub for a while. The walk crosses a small creek at some stepping stones and passes an old telegraph pole with no power lines attached. The track continues in this manner for a little while longer before it comes to the top of a short set of rock steps, where it starts to wind down into the valley using several scattered sets of wooden steps and one long set of rock steps, until coming down to the large picnic area at the bottom.

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**Bantry Bay Picnic Area**

The area of Bantry Bay has been popular with day visitors since the late 1800s. In the early 1900s, the picnic area was also home to a dance hall (foundations still visible), dining room, picnic ground and overnight accommodation. Today, the picnic area has a picnic table and a number of fireplaces. There is also a public wharf, toilets, open grassy area, shade from trees and a great view across the water. There are no garbage facilities. The picnic area is at the bottom of the Timber Getters Track, below Seaford Oval, on the eastern shore of Bantry Bay. More info

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**Bantry Bay Picnic Area to The Bluff Lookout** 1.8km 45 mins

(From 0.89 km) Turn right: From the picnic area (keeping the water on the left), this walk follows the "Bantry Bay Track" sign along the rocky bush track which undulates along the side of the hill, winding through the bush for a little while. The walk passes by the base of some cliffs and starts to climb up the hill at a rocky outcrop, continuing to wind up the long rocky hill as the track climbs to the top of the valley, eventually winding up some rock steps to a large rock platform. Here, the walk passes some track markers pointing back down the valley to a short bush track, leading to the signposted intersection of the Bluff Track at the lookout.

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**Bantry Bay Picnic Area**

Happy Reading. Matt :)

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**Wildwalks**

Download the free [Bushwalk Australia eMag](http://www.wildwalks.com) and the Wildwalks team [Bushwalk.com](http://www.bushwalk.com). Australia's most active bushwalking forum - Check it out.

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**Seaford Oval to Roseville Bridge via Bantry Bay**

- [www.wildwalks.com](http://www.wildwalks.com)
Bluff Lookout

The Bluff is a large, unfenced rocky hilltop, in Garigal National Park, that provides great views up Middle Harbour. The views extend across the bushland of the National Park, along Bantry Bay, to the city of Sydney (You can even see Centrepoint Tower). Apart from the distant views, the bluff is also an interesting rock feature, with a number of caves containing honeycomb rock formations.

The Bluff Lookout to Int of Bluff and Natural Bridge Tracks 0.2km 4 mins
(From 2.72 km) Turn right: From the intersection, this walk follows the 'Bluff Track' sign along the rocky service trail, heading away from the lookout and through the bush for a little while before coming to the intersection with a defined bush track on the right.

Continue straight: From the intersection, the track follows the service trail (with the bush track on the right), heading north-west through the bush for a little while before coming to the signposted intersection with the Natural Bridge Track.

Int of Bluff and Natural Bridge Tracks to Natural Bridge 0.5km 15 mins
(From 2.92 km) Continue straight: From the intersection, this walk follows the Natural Bridge Track along the bush track, heading away from the service trails for a short distance before coming to the intersection of the Currie Road Oval bush track at the track marker.

Veer left: From the intersection, this walk follows the track marker along the bush track, heading west through the bush for a short distance to a large rock outcrop. From here, the walk continues along the defined bush track, winding down the long and sometimes steep rocky hill, into the valley. The vegetation gradually gets thicker, until this walk comes down to a wide rock arch crossing a creek - the Natural Bridge.

Natural Bridge

The Natural Bridge is a sandstone arch in Garigal National Park. The arch spans an unnamed creek feeding into Bantry Bay. The Natural Bridge track uses this arch to cross the creek, and is not always noticed by walkers as the surrounding vegetation hides the full view of the feature from the track. The arch has formed the eroding forces of water flowing down the creek. The arch provides an interesting natural feature to explore and enjoy.

Natural Bridge to Int of Natural Bridge and Currie Road Tracks 0.3km 5 mins
(From 3.43 km) Continue straight: From the bridge, the walk follows the bush track heading west (with downstream to the left) up the hill and away from the creek, steadily winding up a gentle hill. This steepens as the walk climbs up a few sets of wooden steps, continuing up the rock hill to the top, where it comes to the signposted intersection of the Currie Road Track.

Int of Natural Bridge and Currie Road Tracks to Int of Bates Creek and Currie Rd tracks 0.2km 3 mins
(From 3.68 km) Turn left: From the intersection, this walk follows the H/H walker on the 'Currie Road Track' sign south, along the service trail. The track soon comes to a four-way intersection with a large gum tree in the centre.

Int of Bates Creek and Currie Rd tracks to Int of Magazine Track and Tipperary Road service trail 0.7km 10 mins
(From 3.86 km) Continue straight: From the intersection, this walk follows the bush track, heading through the dense vegetation. After a little while, the track starts to zigzag down the rocky hill and through the bush until it flattens out and crosses Bates Creek. The walk then turns left and continues through the bush, meandering along the flat bush track until coming to the signposted intersection with the Magazine Track.

Int of Magazine Track and Tipperary Road service trail to Back of Magazine Buildings 1.1km 25 mins
(From 4.59 km) Continue straight: From the intersection, this walk follows the 'Magazine Track' sign along the wide, flat trail which winds around behind some houses (on the right). The track continues along a narrower, rocky bush track which steadily winds down a long hill to the bottom of the valley, where it flattens out just above the water. From here, the walk continues along the bush track, winding up and down along the side of the hill until it follows a track marker up to the magazine buildings' fence line. The track runs parallel to this fence as it heads along to an open, square concrete tank just off to the left of the track, from which the roofs of the magazine buildings and Middle Harbour Creek are both visible.

Bantry Bay Explosives Magazine complex

The Magazine Buildings were the premier storage facility for merchants' explosives between 1915 and 1974. During this time, the carefully constructed building where crucial for the safe storage of explosives used for building public works such as the Sydney Harbour Bridge, and additionally used by the Australian Navy during World War II. There is currently no public access to the site, and the buildings are best viewed from across the water at Bantry Bay Picnic Area, or anywhere on the other side of Bantry Bay. More info
Seaforth Oval to Roseville Bridge via Bantry Bay

Back of Magazine Buildings to Int of Magazine and Flat Rock Beach Tracks 1.1km 20 mins
(From 5.74 km) Continue straight: From the open concrete tank, this walk follows the bush track, with the ground sloping up to the right, as it heads down a short rocky hill. The track flattens out and follows the fence line to the end, where it turns left and continues down the rocky hill, along the bush track running parallel to a shorter fence. Soon, the track turns right and leaves the fence line. The walk follows the bush track heading away from the buildings and down the rocky hill, to the waters edge where it continues along the side of the hill, following Middle Harbour Creek for a long while. In time, the track winds around behind a small beach to the intersection of a narrow bush track heading down a short hill on the left.

Int of Magazine and Flat Rock Beach Tracks to Flat Rock Beach 0km 1 mins Optional Side Trip:
(From 6.79 km) Turn sharp left: From the intersection, this walk follows the narrow bush track heading down the hill to the small beach at the bottom.
(Retrace your steps back to the main track, then veer left to continue along this walk.)

Flat Rock Beach
Flat Rock Beach is a small, south-facing beach on Middle Harbour, in Garigal National Park. The sand is deposited on a rock shelf that pokes through in places, forming interesting sculptures. The beach is frequented by walkers and boaters enjoying their day by the water. The beach can be accessed by a bush track from the end of Killarney Drive, Killarney Heights. Historically, the beach was a popular picnic area and serviced by a ferry in the early 1900’s. Today, there are no facilities, but some shade is provided by the trees at the back of the beach.

Int of Magazine and Flat Rock Beach Tracks to Int of Flat Rock and Magazine Tracks 0.2km 5 mins
(From 6.79 km) Continue straight: From the intersection, this walk follows the bush track with the ground sloping up to the right, heading up the wooden steps. The track flattens out and turns right, following the track marker through the bush and up the rocky hill, using the spread-out sets of wooden steps. The walk comes to an intersection and a signpost for the ‘Magazine Track’.

Int of Flat Rock and Magazine Tracks to Int of Downpatrick Road Servicetrail and Flat Rock Track 1.5km 35 mins
(From 6.98 km) Turn left: From the intersection, this walk follows the ‘Flat Rock Track’ sign along the bush track heading down the side of the hill, with the ground sloping up to the right. The walk winds down the rocky track for a little while, before flattening out as it passes by a small pipeline and then continues along the side of the hill. The track meanders through the bush for a while before coming to the four-way intersection with a bush track (which heads up the rocky hill to the right, and down to a private property at the bottom of the hill on the left).
Continue straight: From the intersection, this walk follows the bush track along the side of the hill, with the ground sloping up to the right. The track meanders through the dense bushland, occasionally catching a nice view over Middle Harbour Creek down to the left, and continues to the intersection of a rough service trail on the right, which heads uphill.

Int of Downpatrick Road Servicetrail and Flat Rock Track to Int of Davidson Park driveway and Flat Rock Track 0.7km 15 mins
(From 8.52 km) Continue straight: From the intersection, this walk follows the bush track along the side of the hill, with the ground sloping up to the right as it heads through the bush. The walk stays above Middle Harbour Creek for a while before it drops down a steep set of wooden steps to the intersection with the Davidson Park driveway, at a wooden picnic seat.

Int of Davidson Park driveway and Flat Rock Track to Int of Davidson Park driveway and Rotary Rotunda path 0.8km 10 mins
(From 9.21 km) Veer right: From the intersection, this walk follows the flat driveway towards the Roseville Bridge, heading under a pipe bridge and coming to the intersection with the driveway to Davidson Park.
Turn left: From the intersection, this walk follows the Davidson Park driveway, crossing under Roseville Bridge with Middle Harbour Creek on the left. The walk passes a small car park and bends to the right, winding around the large picnic areas (on the left), passing a building with some toilets (also on the left), and continuing along for a little while before coming to the signposted intersection of the Rotary Rotunda footpath.
Davidson picnic area

Davidson Picnic Area is in Garigal National Park, under Roseville Bridge (access via Warringah Road, south bound lanes, or via many walking tracks in the area). The picnic area has a boat ramp, wheelchair-accessible toilets, large open grassy areas, picnic tables, free electric BBQ’s, and a large rotunda. There are plenty of shady spots provided by the trees. The northern section of the picnic area has a small beach swimming area, and the southern section boasts a boat ramp. The park is open 6am to 8pm (6:30pm outside daylight savings time). Ticket machines are provided to pay the car access fee.

A list of paper topographical maps that cover this walk

Parramatta River 1:25 000 Map Series
Sydney 1:100 000 Map Series

Nearby outdoor and camping stores

Kangaroo Tent City & BBQs 165-167 Victoria Avenue Chatswood (02) 9884 9199
Larry Adler Ski & Outdoor 77 Archer St Chatswood (02) 9412 4777
Mountain Equipment 72 Archer St Chatswood (02) 9419 6955
Mountain Designs Shop 16/9 Spring St Chatswood (02) 9415 4566
Kellys Camping & Outdoors 826 Pittwater Rd Dee Why (02) 9972 0061