



This return walk starts from the old Garawarra Farm car park and heads down the ridge through the Royal National Park, to the coast. The walk then follows the coast, through Burning Palms beach, and around the base of the headland to the famous Figure Eight Pools. This walk explores 4 distinct environments and gives a great cross section of what the park has to offer. The Figure Eight pools are on an ocean rock platform. Rock platforms can be very dangerous places, especially at high tide and during high seas. Only plan to visit the rock platform at low tide and low seas (see BOM website for forecast). Please also wear appropriate footwear for the walk and rock platforms.

**Length:** 6 km  
**Time:** 2 hrs 30 mins  
**Climb:** 273 m  
**Style:** Return  
**Rating:** Track: Hard  
**Where:** 5.5 km NE of Otford  
**Transport:** car



Visit [www.wildwalks.com](http://www.wildwalks.com) for more info



## Royal National Park

*Side trips and Alternate routes mentioned in these notes are not included in the tracks overall rating, distance or time estimate. The notes only describe the side trips and Alternate routes in one direction. Allow extra time for resting and exploring areas of interest. Please ensure you and your group are well prepared and equipped for all possible hazards and delays. The authors, staff and owners of wildwalks take care in preparing these notes but will not accept responsibility for any inconvenience, loss or injury sustained by using these notes or maps. Please take care and share your experience through the website. Please check park closures, weather information and Fire Danger Rating just before leaving for your walk. Walk maybe closed during Total Fire Ban. GPS for start and end of this walk: -34.1801,151.0393*



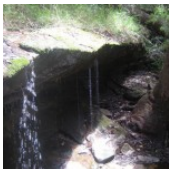
## Wildwalks

Online bushwalking Magazine.

Download the full magazine for free [Bushwalk Australia eMag](http://bushwalk.com)

The Online Magazine is produced by the community at [bushwalk.com](http://bushwalk.com) and the Wildwalks team  
[Bushwalk.com](http://bushwalk.com) Australia's most active bushwalking forum - Check it out.

Happy Reading. Matt :)



## Figure Eight Pools Safety

The Figure Eight Pools have become very popular. Many people visiting the area are not well prepared and placing themselves and others in danger.

Please ensure you have enclosed and sturdy shoes (thongs are not enough). There are no public facilities on the walk, please carry plenty of water, food and other supplies needed. Wear appropriate clothes for the walk.

It is very very important that you only plan to visit the rock platform at low tide (check tides at <http://www.bom.gov.au/australia/tides/#/nsw-port-kembla>)

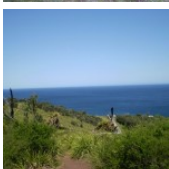
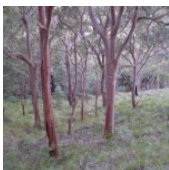
It is also very very important to ensure the sea&swell forecast is 1.5m or less (<http://www.bom.gov.au/australia/charts/viewer/index.shtml?type=sigWaveHgt&tz=AEDT&area=SEAU&model=WR>)

Even in perfect forecast conditions, always keep an eye on the sea (never turn your back to the ocean) and stay well back from the ocean edge of the rock platform.

Diving and jumping in any rock pools is likely to cause serious injury. Mobile phone reception is very limited on the walk and not available all the way.

Please watch this video and read the article to better understand the risks. <http://bit.ly/1kZ3AbM>.

Stay safe and have fun.



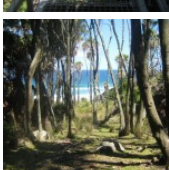
## Garawarra Farm Carpark to The Squeeze Way and Burgh Ridge track 0.1km 1 mins

(From S) From the Garawarra Farm car park, this walk heads east out of the car park to turn right onto the main dirt road (that leads into the car park). A short distance down the road this walk comes to an intersection just beyond the locked gate marked with a 'Coast Walk' and a 'Garawarra Ridge Management Trail' signpost.



## The Squeeze Way and Burgh Ridge track to Int of Burgh Ridge Track and Era Track (West) 1km 20 mins

(From 0.09 km) Continue straight: From the intersection, this walk follows the Burning Palms, Era and Garie arrows on the Coast Walk signpost, winding along the bush track and down the long hill. The track gradually steepens and becomes a little rougher, winding down onto the ridge line and all the way along, until it breaks out of the trees and continues down through the short scrub and blade grass to the intersection of the bush track on the left.



## Int of Burgh Ridge Track and Era Track (West) to Int of Coast Track and Burgh Ridge Track (Sth)

0.1km 2 mins

(From 1.06 km) Continue straight: From the intersection, this walk follows the bush track heading towards the ocean, following the ridgeline to the signposted intersection of the 'Coast Walk'.



**Int of Coast Track and Burgh Ridge Track (Sth) to Burning Palms Beach (southern end)** 0.9km 15 mins  
 (From 1.17 km) Veer right: From the intersection, this walk follows the sign to 'Burning Palms' along the bush track, winding down the side of the hill, past the cabins, then at the bottom the track joins onto a metal walkway that soon changes to a narrow bush track. This passes behind Burning Palms Beach until coming to a sign saying 'Otford via Palm Jungle'.



**Burning Palms Beach (southern end) to Figure 8 Pools** 0.9km 15 mins  
 (From 2.11 km) Veer left: (only to be attempted at low tide and low swell)  
 From the beach, this walk follows the rocky passage beneath the rocky headland (keeping the headland to the right). The walk rounds the first prominent headland to a creek that drops off the cliffs above. This walk heads out onto a second prominent headland to the Figure 8 Pools. There are a number of Figure 8-shaped pools, but one main one. The pools are towards the sea, in line with the gully.



**Figure Eight Pools**  
 The Figure Eight Pools are on the rock shelf, south of Figure Eight Pools gully, near Burning Palms. There are a number of circular sinkholes in the rock, and a few of them have joined over time to form a figure '8' shape. Two sink holes in particular have joined to form a very spectacular figure '8' shape in the rock. The safest time to visit the pools is at low tide when there is only a very low swell in the ocean.



This is a 'Return' style walk - retrace your steps back to the beginning when you are ready.



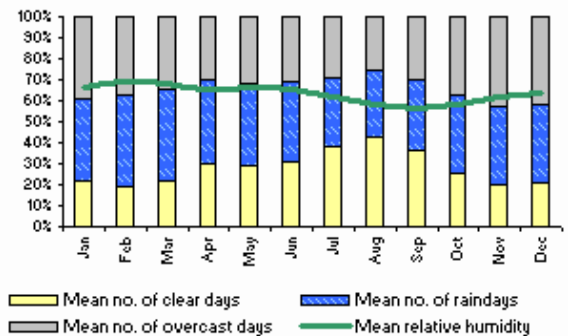
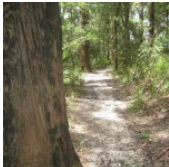
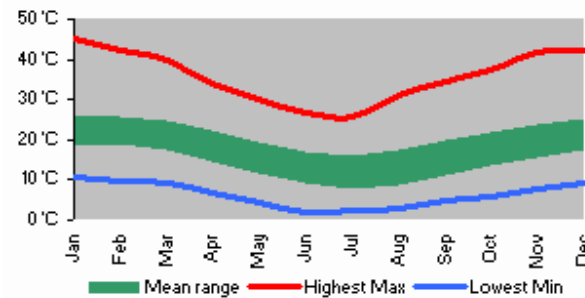
**A list of paper topographical maps that cover this walk**

- [Otford](#) 1:25 000 Map Series
- Port Hacking 1:100 000 Map Series



**Nearby outdoor and camping stores**

- Engadine Disposal & Outdoor Centre Pty Ltd** 1042 Old Princes Hwy Engadine (02) 9520 3367
- Paddy Pallin Adventure Equipment** 587 Kingsway Miranda (02) 9525 6829
- Boots Great Outdoors** 23 Koonya Cct Caringbah (02) 9542 8988
- Onrope** 11 Nelson Ave Padstow (02) 9709 6299
- Hurstville Disposals & Outdoor Centre** 235 Forest Rd Hurstville (02) 9580 4445





wild walks

# Garawarra Farm carpark to figure eight pools

This space is available for advertising



Full colour  
Great photos



Give the joy of walking to a friend  
(and support wildwalks)

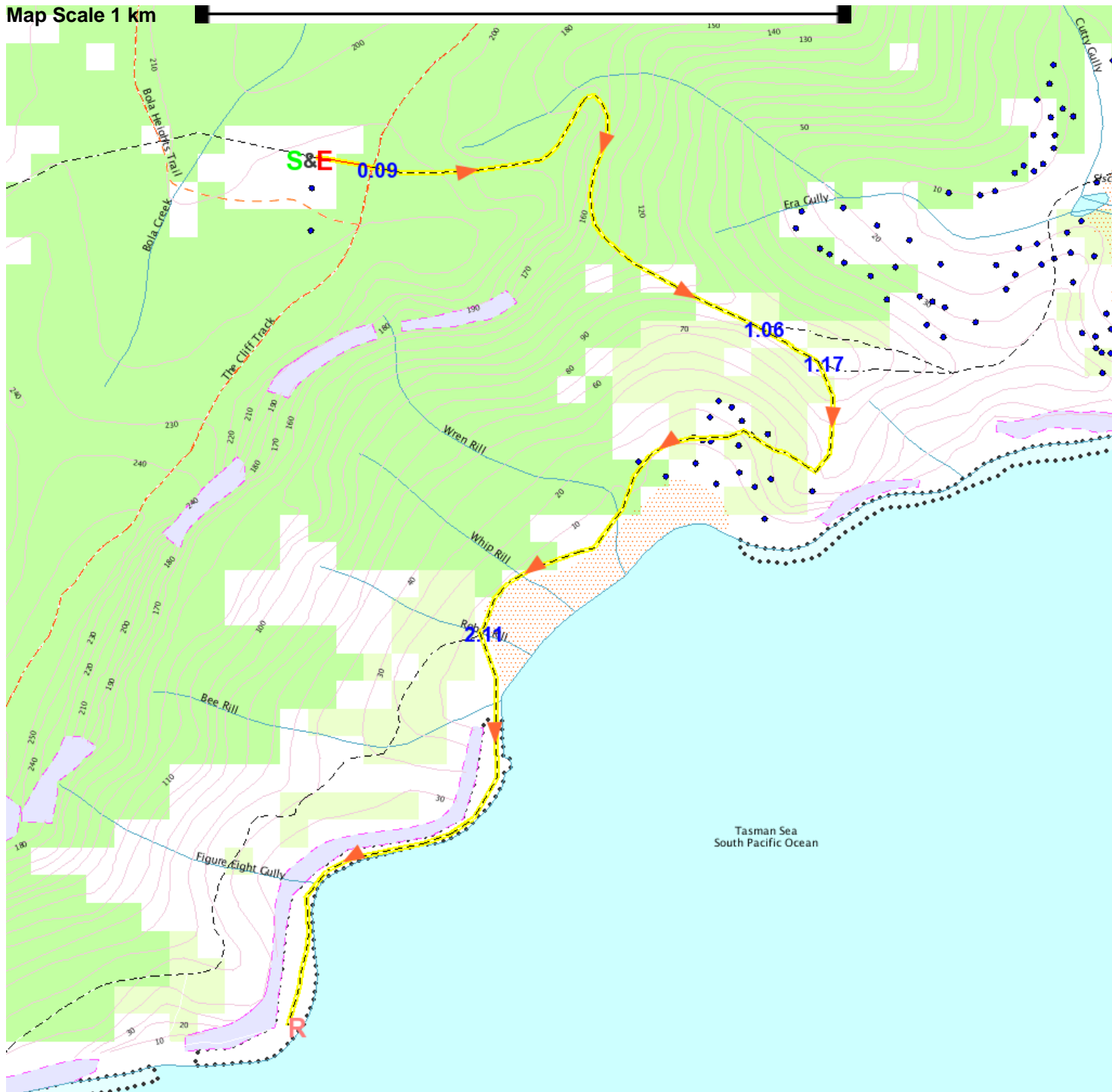
[www.wildwalks.com/books.html](http://www.wildwalks.com/books.html)



A walk for every body



Map Scale 1 km



Base map is used under licence and is (c) Department of lands Panorama Avenue Bathurst 2795 [www.lands.nsw.gov.au](http://www.lands.nsw.gov.au)

